

## Program saturday 11/11 2017

**Race Office:** Hotell Bruksvallsliden; located at the back entrance; 1st floor  
Open friday 10/11 kl. 17.00 - 20.00  
Open saturday 11/11 kl. 07.00 - 15.00

**Official training:** Friday 14.00-15.00

**Race arena:** At the ski stadium in Bruksvallarna.

**Bibs:** Bibs will be received at the race office race day.  
If you loose the bib, there be a penalty fee, of 500 SEK

**Team captain meeting:** Friday 10/11 17.30. Location: Hotell Bruksvallsliden  
(recreation room, bottom floor/gillestugan)

PRELIMINARY	Distance	Number of laps	Starting time saturday
Ladies 17-20	5 km	1*3,3 km + 1,45km final lap	09.00
Men 17-20	10 km	3*3,3 km	10.00
Ladies 21	10 km	3*3,3 km	11.50
Men 21	15 km	4*3,3 km + 1,45km final lap	12.50
Technique	Skate		
Start	Individual start		
Start interval	30 sek		

**Starting order:** Startlist is created after FIS-list (list 2).  
The ones without FIS-points are placed at the beginning of startlist.

**Timing:** Transponders will be used for timing.  
Note! Foreign competitors use borrowed transponder when they get the bib.  
If you loose the borrowed transponder, there will be a penalty fee, of 500 SEK

**Startlist:** Startlist will be published Friday.

**Medical staff:** Medical staff will be at the race area. If needed please call  
Ingmarie Jonsson +46 70-5394330



**Price giving ceremony:** Saturday 11/11 directly after the race at stadium.

**Awards:** Awards (training contributions and products) will be given to place 1-6. All awards need to be received of the athlete him/her self, otherwise the award go to organizer.

**Shower/Changing:** Hotel Bruksvallsliden, shower area.

**Parking:** Near ski arena, 50 kr.

**OC:**

Chief of competition:	Mikaela Sundbaum +46 73-0406200
Ass. Chief of competition.	Andrea Skott Dahlgren +46 73-8144029
Race office:	Cristina Persson +46 76-8074199
Chief of course:	Oskar Ohlsson +46 76-8228480
Chief of stadium:	Ingar Mikkelsen +46 72-0128291
Chief of timing:	Staffan Lidén + 46 70-3480956
TD:	Ingela Kälvedal +46 70-5258179
TDA:	Torbjörn Jonsson +46 70-5405858

**Jury:** Ingela Kälvedal, Mikaela Sundbaum, Torbjörn Jonsson

**Rules:** ICR - Participation at your own risk.

