



PM Bruksvallsloppet - Saturday 17 November 2018

- Race Arena** Nordic Ski Arena, Bruksvallarna.
- Broadcasting** The race will be broadcasted live on Swedish Television.
- Race Office** Hotell Bruksvallsliden (Bottom floor)
Open: Saturday 17/11 at 07.00 – 15.00
- Official training** Friday 16/11 kl 16.00 – 17.00
- Bibs** Bibs will be received at the Race Office at the race day from 07.00
If you lose the bib, there is a penalty fee, of 500 SEK
- TCM** **Friday November 16 at 17:30**
Location: Hotell Bruksvallsliden (Recreation room, bottom floor)

| | Distance | Number of laps | Start time Saturday |
|-----------------------|---|------------------------|---------------------|
| Ladies 21 | 10 km | 3*3,3 km + 1 final lap | 08.50 |
| Ladies 17-20 | 5 km | 1*3,3 km + 1 final lap | 10.10 |
| Men 21 | 15 km | 5*3,3 km | 10.55 |
| Men 17-20 | 10 km | 3*3,3 km + 1 final lap | 13.10 |
| Technique | Classic Technique | | |
| Start | Individual start | | |
| Start interval | D/H21: 30 sek D/H17-20: 20 sek | | |





Pole measurement A measurement device is available at the Ski stadium and Race office. Random pole check can be done.

Technique zones The jury has decided to use technique zones. It will be marked on the official training.

Starting order: Startlist is created with a draw using FIS-list (distance list 2). 25% of the entry's are seeded into two groups, A-group (50%) and B-group (50%) who starts B, A, B, A and so on. The ones without Fis-points are placed at the beginning of start list. For juniors the start list is created after FIS-points (distance list 2).

Timing Transponders will be used for timing.
Note! Foreign competitors use borrowed transponder. If you lose the borrowed transponder, there will be a penalty fee, of 500 SEK. When entering the start area the senior competitors will get an extra chip for the live broadcast.

Start List Start list will be published Friday after "TCM"

Prize Ceremony Saturday November 17 at the Ski Stadium, directly after each class is completed.

Awards Awards will be given to place 1-6. All awards need to be received of the athlete him/herself, otherwise the award goes to the organizer.





- Food** Following restaurants serves coffee and food:
- Fjällkåtan, Skistadium: Hamburger, hot dog, soup and coffee
 - Hotell Bruksvallsliden: Today's lunch at 12.00-15.00 (Saturday-Sunday)
 - Smakkompaniet (at the Gas station): Today's lunch at 11:30-14 (Thursday-Saturday)
 - Ramundbergets Fjällgård: Today's lunch at 11:30-13:30 (Thursday-Sunday)
- .Medical Staff** Medical staff will be at the race area. If needed please call:
Andreas Hedenfalk +46 70-5432640
- Shower** Hotell Bruksvallsliden, shower area.
- Course fee** For competitors the course fee are included from Thursday to Sunday.
- Parking** Near the Ski Stadium, 50 SEK. Cash or Swish
- OC**
- | | |
|---------------------------|---------------------------------|
| Chief of Competition | Mikaela Sundbaum +46 73-0406200 |
| Ass. Chief of Competition | Eva Nystedt +46 70-5505162 |
| Race Office: | Cristina Persson +46 76-8074199 |
| Chief of Course: | Ingar Mikkelsen +46 72-0128291 |
| Chief of Stadium: | Lars Sundmark +46 70-5135924 |
| Chief of Timing: | Staffan Lidén + 46 70-3480956 |
| TD | Tomas Jons +46 76-8159476 |
| TDA | Jenny Grip +46 73-0477467 |
- Jury** Tomas Jons, Jenny Grip, Mikaela Sundbaum
- Rules** **ICR** - Participate at own risk

