

# TEAM CAPTAIN S MEETING FOR BRUKSVALLSLOPPET 10 & 15 KM CLASSIC



Bruksvallarna 19 November 2020

# AGENDA



- Introduction of the OC, the Jury and SSA
- Withdrawals
- Event Program
- Venue Overview
- Timetable
- Weather Forecast
- Entries and draw
- Stadium
- Courses
- Ski testing and warming up
- Course Preparation and Grooming
- Information from the TD
- Information from SSF/FIS
- Information from the OC

### INTRODUCTION OF THE OC, THE JURY ANDINSA



#### OC:

Chairman: **Chief of competition:** Competition Secretary: Christina Persson Chief of Course: Chief of stadium: **Chief of timekeeping:** 

Mikaela Sundbaum Mikaela Sundbaum **Christer Dahlgren** Magnus Rydhult **Alfred Andersson** 

#### JURY:

Annika Dahlman TD: Ludvig Remb TD assistant: Chief of competition: Mikaela Sundbaum

Swedish Ski Association represented by: Ludvig Remb, Tävligskoordinator Längd



# WHITHDRAWALS

RUKSVALLS LOPPET

- SSF TA is open from 16.30 to end of TCM for withdrawals
- Withdrawals for Saturday's races can be sent via e-mail to funasdalens.if@telia.com until Friday 20/11 at 15.00
- Withdrawals for Sunday's races can be sent via e-mail to funasdalens.if@telia.com until Saturday 21/11 at 15.00



### **EVENT PROGRAM**



Friday 19 November – Classic Technique:

- 15 km H21/Men
- 10 km D21/Women

#### Saturday 20 November – Sprint Classic Technique:

- D21/Women
- H21/Men

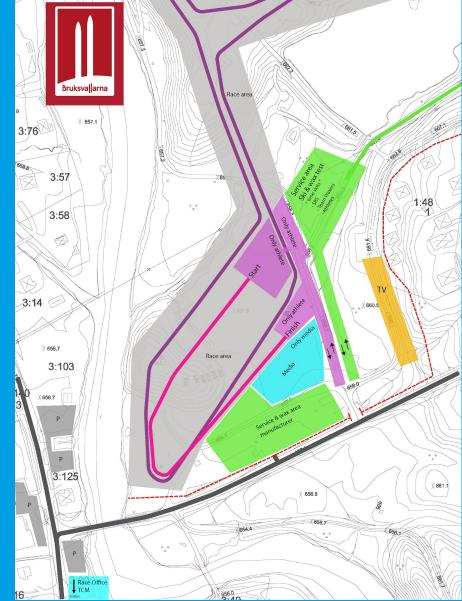
#### **Sunday 22 November – Free Technique:**

- 10 km D21/Women
- 15 km H21/Men





### VENUE OVERVIEW





### TIMETABLE FRIDAY

RUKSVALLS LOPPET

08.00 - 15.00 Race office open

SKI TEST OPEN 08.30 - 09.00 Ski Test open SRS 09.00 - 11.00 Ski Test open Teams 11.00 - 12.20 Ski Test open for Men 12.20 - 12.50 Ski Test open Teams 12.50 - 14.10 Ski Test open for Women

COURSE OPEN 09.00 - 10.00 Course open for test SRS and Teams 10.00 - 11.05 Course open for test Men



### TIMETABLE FRIDAY



11.10 ~ 13.05 Race – Men 15km Classic technique ~13.10 Prize giving ceremony to Top 3

COURSE OPEN ~13.00 - 13.15 Course open for test Women Course open by forerunners when last men go out for the last lap

13.20 ~ 14.40 Race – Women 10km Classic technique ~14.45 Prize giving ceremony to Top 3

14.45 - 16.00 Regrooming, course closed16.00 - 17.00 Official training for Saturday16.00 - 20.00 Course open for training

17.30 TCM for Saturday



20.00 Regrooming, course closed

### **ENTRIES AND DRAW**



#### **Bibs**

- Bibs at Race Office.
- Signed by coach
- Race office at Hotel Bruksvallsliden open at 08.00-15.00
- Penalty fee of 500 SEK for lost bib
- Bib in intended box

#### **Start list**

- 25% of the best FIS-ranked racers seeded
- Seeded racers end of Start list Racers without FIS-points beginning of Start list.
- Start lists available on website <u>https://www.bruksvallsloppet.se/startlistorresultat/</u>



### RESULTS



**Results will be published digitally at:** 

- FIS Live
- SSF Live
- Bruksvallsloppets website

https://www.bruksvallsloppet.se/startlistorresultat/



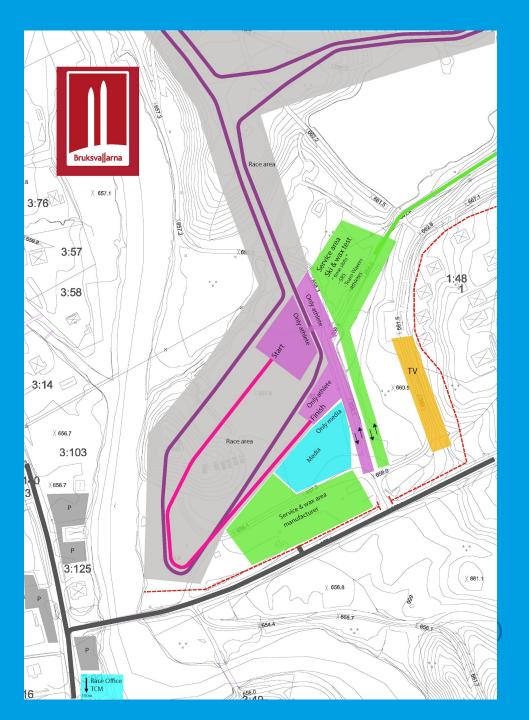
### WEATHER FOREGAST



#### Bruksvallarna, Jämtland (Sverige) Værvarsel som 🙀 Legg til mine steder PDF E Oversikt Meteogram, neste 48 timer **O** Time for time Fredag 20. november Lørdag 21. november 89 Detaljert 8° 6°-89 4°. E Langtidsvarsel 2° 0. N Værradar -2° -4ª Været som var 2,0 2,4 2,5 -8° 1,4 1,4 1,7 2,0 1,9 1,8 2,1 -80 -8° 1,5 1,3 1.3 0.9 0.8 1.0 0.7 III Kart -10° 1.4 -10° 0,5 0,4 0,2 0,4 0,6 0.7 0,5 0.4 0.3 0,4 0.3 0.2 0.3 0.2 0.2 0.2 0.2 0.2 0.2 -12° -12° 0 0 0 0,6 0,4 0 0 0 0 0 2 0 01 04 06 0 .0 0 0 0 **AKTUELLE STEDER** 16 18 20 22 00 02 04 08 08 10 12 16 18 22 00 08 08 10 12 14 20 02 04 Bruksvallarna Nedbørssøylene viser maks- og minverdier for nedbør per time.













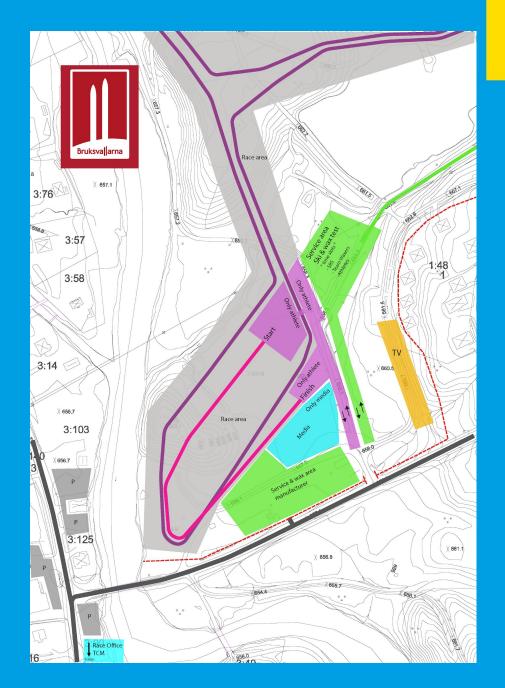


Pre start area

Bibs

Official Prize Giving Ceremonies & Mix Zone

**Clothes top athletes** 





### TRANSPONDER/CHIP



- SWE-skiers use personal transponder
- SWE-skiers two transponder, one borrowed
- Borrowed transponder with bib
- INT-skiers use 2 borrowed transponder.
- Keep transponder for all 3 days.
- After Sunday's race (or last competition day) remove transponder to box.
- Penalty fee of 1000 SEK for lost transponder.



#### **START**

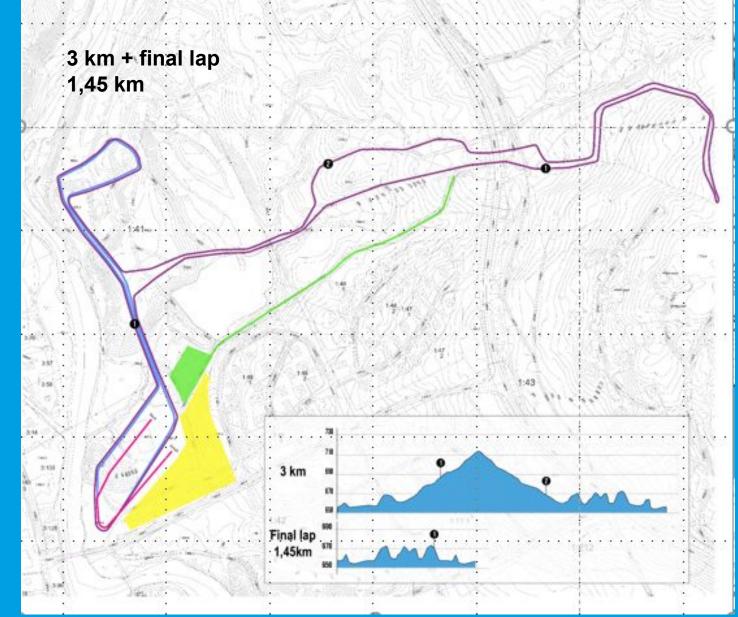


- Start gate
- 60 seconds start interval
- No coaches allowed at start















#### Mens 15 km

• 5 laps á 3 km

#### Ladies 10 km

• 3 laps á 3 km + 1 final lap 1,45 km

**Course closed during race** 

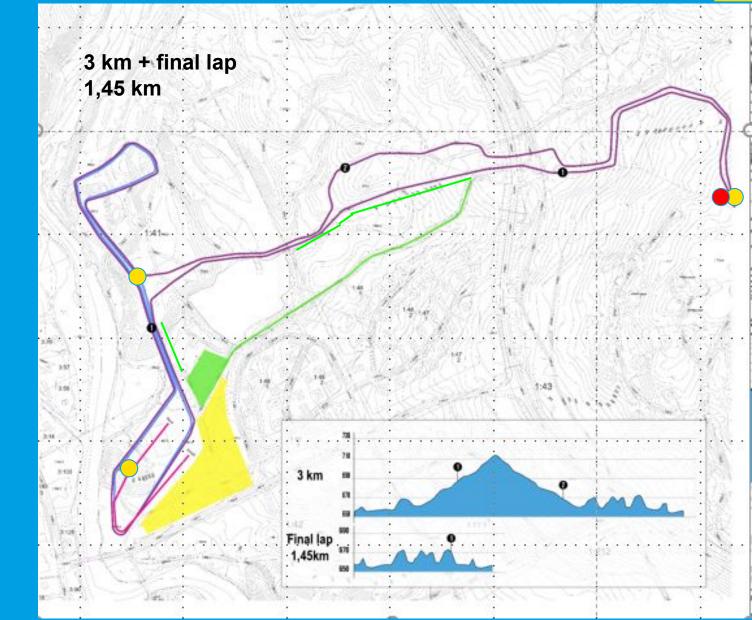
No coaching

Spare poles by SSF Coaches (Stadion, Torget & Södergrensbacken)



#### **SKI TESTING**





Spare poles

IMT



#### SKI TESTING



Area limited and fenced off

SKI TEST OPEN 08.30 - 09.00 Ski Test open SRS 09.00 - 11.00 Ski Test open Teams 11.00 - 12.20 Ski Test open for Men 12.20 - 12.50 Ski Test open Teams 12.50 - 14.10 Ski Test open for Women

Accreditation bibs; SRS; Teams and Racers

- SRS- and Team bib's received and replaced at the Race Office
- Penalty fee of 500 SEK for lost SRS- and Team bib





**SKI TESTING** 

Klubb	Antal västar
IFK Mora SK (SWE)	3
Piteå Elit SK (SWE)	3
Ásarna IK (SWE)	3
Falun Borlänge SK (SWE)	3
IFK Umeå (SWE)	3
Hudiksvalls IF (SWE)	2
SK Bore Torsby (SWE)	2
Östersunds SK (SWE)	2
Borås SK (SWE)	2
Offerdals SK (SWE)	2
NOR 4 klubbar	2
ISL 2 klubbar	2
AUT	2
Trillevallens Sportklubb (SWE)	2
Ambla Sportclub (EST)	1
CZE	1
Garphyttans IF (SWE)	1
Gellivare Skidallians IK (SWE)	1
Högbo GIF (SWE)	1
IF Hallby SOK (SWE)	1
IK Stern (SWE)	1

Klubb	Antal västar
Sollefteå Skidor IF (SWE)	1
Täby IS SK (SWE)	1
Ulricehamns IF (SWE)	1
Duveds IF (SWE)	1
IF Strategen (SWE)	1
Landsbro IF SK (SWE)	1
Nacka Värmdö SK (SWE)	1
Rehns BK (SWE)	1
Stockviks SF (SWE)	1
Storvreta IK (SWE)	1
Sågmyra SK (SWE)	1
We Sports club (SWE)	1
Zinkgruvans IF (SWE)	1
Åre Längds <mark>kidklubb (</mark> SWE)	1
Årsunda IF (SWE)	1
Älvsby IF SK (SWE)	1
Kalix SK (SWE)	1
Kiruna Skidor (SWE)	1
Lager 157	1









No warm-up or cool down for skiing is offered.







No coaching and timing

Spare poles ONLY by SSF Coaches



### **COURSE PREPARATION AND GROOMING**



**Artificial snow** 

**Grooming planned 04:00 with Pisten Bully** 



Lokala sponsorer (ta bort om ni ej har det)

### **GENERAL INFORMATION FROM THE TD**



- After jury decision:
  - No technical zone
  - Technical controls will be carried out
- Monytary fine will be used if unallowed persons appears on the racing course.
- ICR210.2.2
- ICR 207.2
- Random pole measurement
- Yellow cards



No major changes in ICR

### **GENERAL INFORMATION FROM SSA/FIS**



- Nationella tävlingsprogrammet
- Kontrollera transpondrar
- Håll i håll ut håll avstånd håll kontakten
- Tack till Funäsdalens IF & Bruksvallarna



#### **GENERAL INFORMATION FROM OC**



**Corona - please respect** 

Six ways to protect yourself and others:

- Stay home if you are ill or have mild symptoms of disease such as sore throat, cough, or runny nose. Stay home for at least 48 hours after you have recovered
- Wash your hands often with soap and warm water for at least 20 seconds
- Use hand sanitiser if soap and water are not available
- Avoid close contact with people who are ill
- Avoid touching your eyes, nose and mouth
- Cough and sneeze into your elbow or into a tissue





# THANK YOU AND GOOD LUCK

