



# TEAM CAPTAIN'S MEETING FOR *BRUKSVALLSLOPPET* SPRINT CLASSIC



Bruksvallarna November 18th 2022

# AGENDA



- Introduction of the OC, the Jury and SSA
- Withdrawals, entries
- Event Program
- Venue Overview
- Timetable
- Weather Forecast
- Entries and draw
- Stadium
- Courses
- Ski testing and warming up
- Course Preparation and Grooming
- Information from the TD
- Information from SSF/FIS
- Information from the OC



# INTRODUCTION OF THE OC, THE JURY AND NSA



## OC:

Chairman: *Sandra landen*  
Chief of competition: *Tomas Jons*  
Competition Secretary: *Cristina Persson*  
Chief of Course: *Jens Wilhelmsson*  
Chief of stadium: *Lars Sundmark*  
Chief of timekeeping: *Alfred Andersson*

## JURY:

TD: *Björn Westerström*  
TD assistant: *Magnus Elmkvist*  
*Jurymember* *Gudrun Ekblom*  
Chief of competition: *Tomas Jons*

Swedish Ski Association represented by:  
*Ludvig Remb, Tävlingskoordinator Längd*



# ENTRIES



- Presentation of entry list  
Ludwig Remb SSF
- Any withdrawals right now:  
Write in Teams chat of this meeting.
- Withdrawals for Saturday and Sunday's races can be sent via e-mail to *funasdalens.if@telia.com* until Saturday 19th at 15.00



# EVENT PROGRAM



## Saturday November 19th – 10km Classic technique Individual start

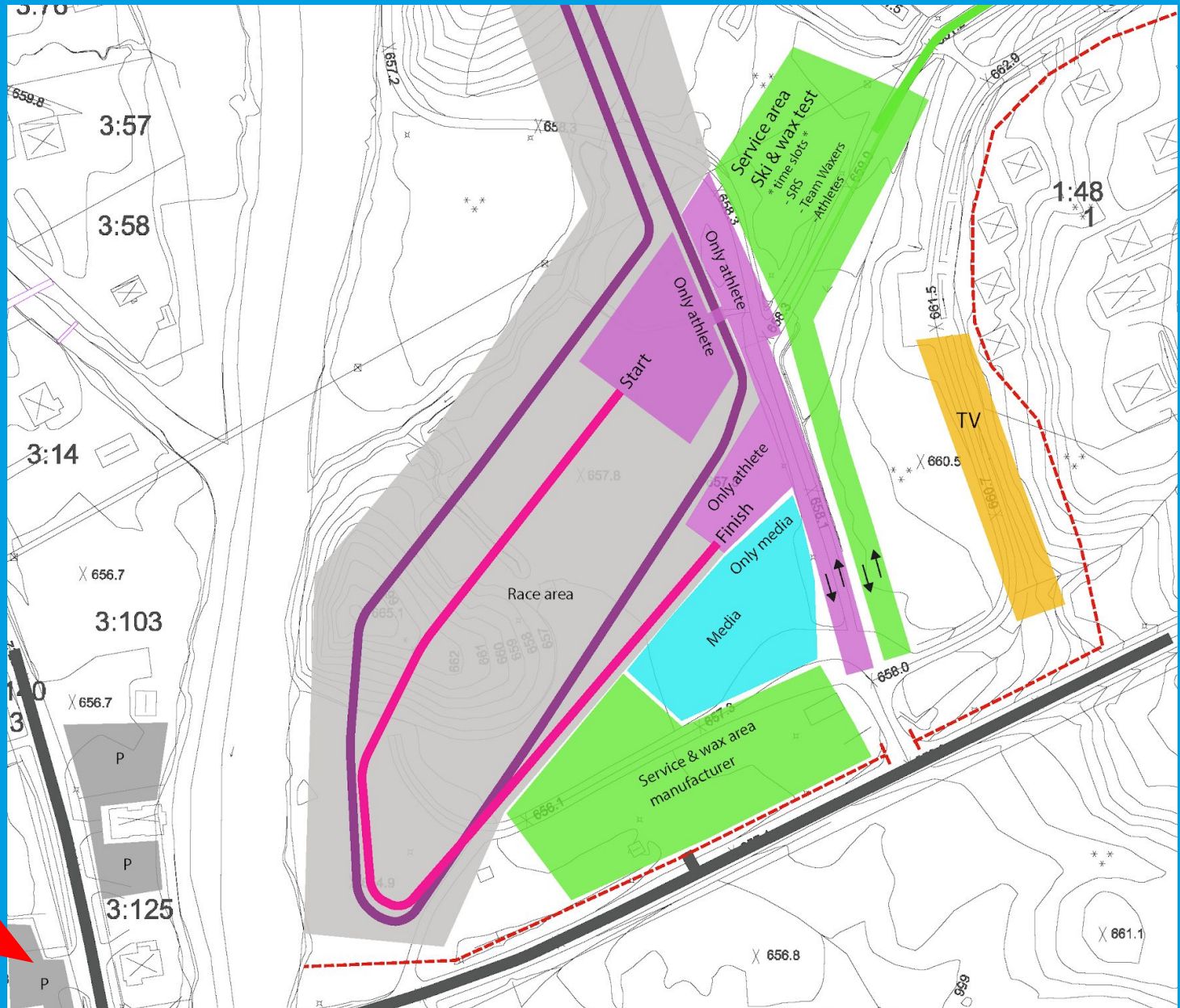
- Men juniors
- Men seniors - Live TV broadcast
- Women seniors - Live TV broadcast
- Women juniors

## Sunday November 20th – 15km Free technique individual start:

- Men juniors (20sec start interval)
- Women juniors (20sec start interval)
- Men seniors - Live TV broadcast
- Women seniors - Live TV broadcast



# VENUE OVERVIEW



Race Office



# TIMETABLE FRIDAY



07.00 - 15.00	Race office open
07:00 -	Warm up/Ski test loop open
07.00 - 08.40	Course open
<b>08.45 -</b>	<b>Qualification seniors &amp; juniors</b>
10.45 -11.05	Course open for warm, only qualified athletes
<b>11.10-</b>	<b>Finals seniors &amp; juniors</b>
15.00	Course open for training
15.30 - 16.30	Official training 10km C
17.30	TCM 10km C via Teams
20.00	Course closed for grooming



# ENTRIES AND SEEDING



## Start list seniors

- Seeding will apply, - swedish “SM-lottning”
- A-seeded athletes on odd numbers, B-seeded on even numbers
- None seeded group according to FIS points.

<https://www.bruksvallsloppet.se/startlistorresultat/>

## Start list juniors

- FIS points





# BIBS



## Bibs

- Bibs at Race Office. Signed by coach
- **NOTE!** Bibs for finals/qualified athletes at TCM at the Stadium
- Leg bib placed at right leg
- Penalty fee of 500 SEK for lost bib
- Bib in designated box after finish



# RESULTS



Results will be published digitally at:

- FIS Live
- SSF Live
- Bruksvallsloppetets website

<https://www.bruksvallsloppet.se/startlistorresultat/>

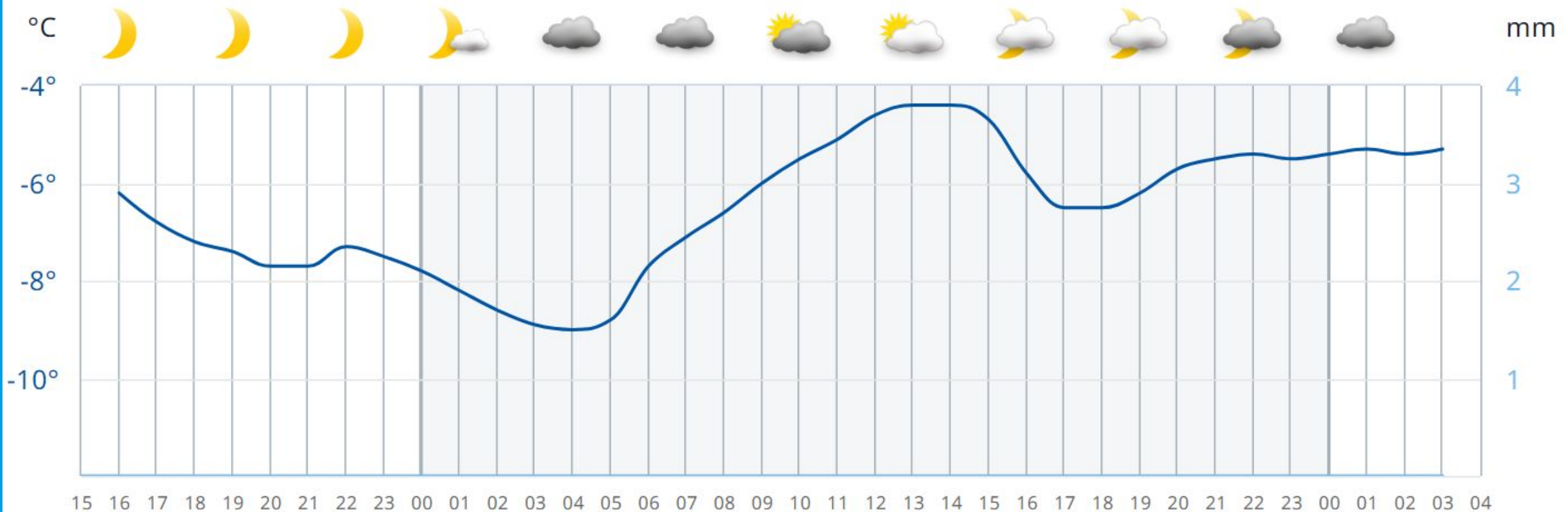


# WEATHER FORECAST



fre  
18/11

lör  
19/11

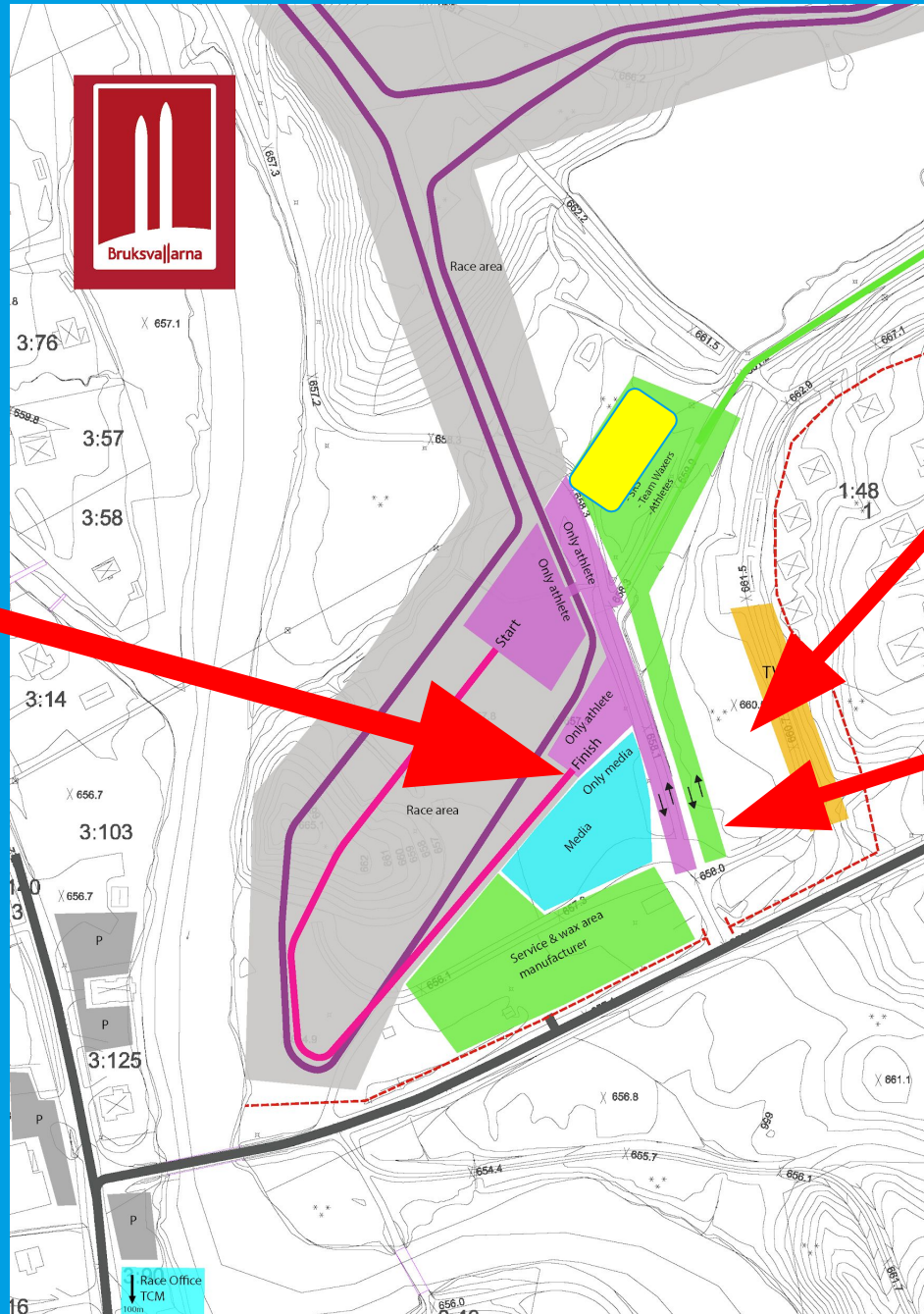


# STADIUM



Ski wax area

Official Scoreboard  
Heat selection  
TCM#2



Catering

Prize giving



# TRANSPONDER/CHIP



- SWE-skiers use personal transponder
- SWE-skiers two transponder, one borrowed
- Borrowed transponder with bib
  
- INT-skiers use 2 borrowed transponder.
  
- Keep transponder for all 3 days.
  
- After Sunday's race (or last competition day) - remove transponder to box.
  
- Penalty fee of 1000 SEK for lost transponder.



# START



## Qualification

- Start gate
- 15 seconds start interval

## Finals

- Start gate
- No coaches allowed at start



# COURSE

## Classic tracks

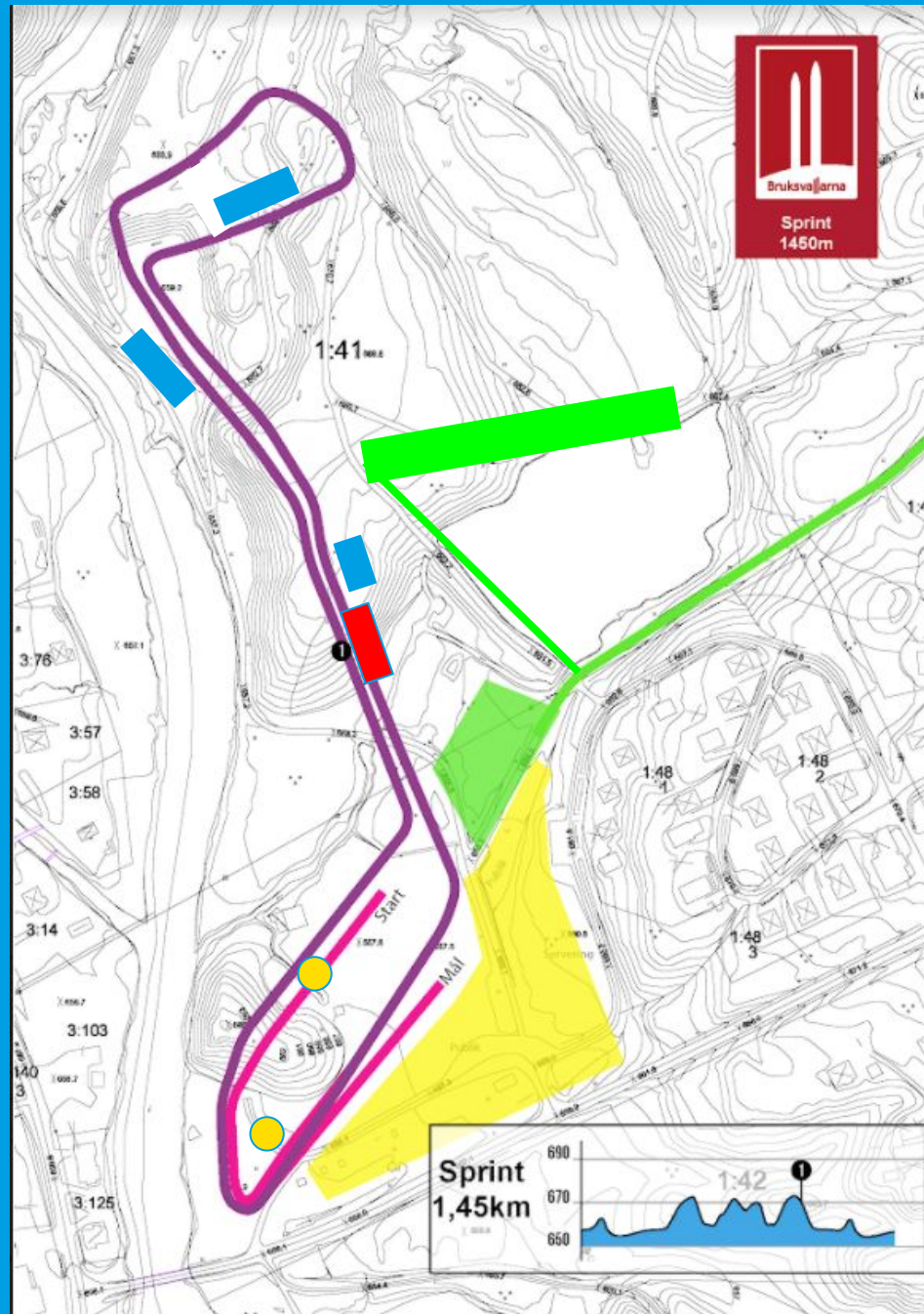
- Start 1 + 6
- First/last uphill 4
- Course 3
- Finish 4

● Spare poles

□ Coach zone

■ Technic zone

■ Glide test





# SKI TESTING & WARM UP

On distance course - walkway by the pond

Only skiing, kick wax test on competition course





# COACHING

Only in coach zones



# COURSE PREPARATION AND GROOMING



Stored snow from last winter  
Course & dry snow - icy conditions

Stadium closed from 18:00

Course closed from 20:00

Grooming ends 22:30

Distance course 1 track and skate for training tomorrow



# GENERAL INFORMATION FROM THE TD



- ICR 310.2.2

310.2.2.2 Diagonal Stride technique is comprised of alternating diagonal movements of both arms and legs and includes diagonal stride and herringbone techniques without a gliding phase. In diagonal technique only one or no pole is in the ground at any time.

- Random pole measurement after finish

# GENERAL INFORMATION FROM SSA/FIS



Welcome to winter season 2022/2023!

Big thanks to Funäsdalens IF and BRA Fjäll

Information for swedish ski-clubs

Inbjudningar till nationella cuper

[www.smartenergycup.se](http://www.smartenergycup.se)

[www.bauhauscup.se](http://www.bauhauscup.se)

Klubbloggor till vinterns cuper (senast 2 december)

Juniorer Skandinavisk Cup Östersund (och resten av säsongen)

Regeluppdatering



# GENERAL INFORMATION FROM OC



Live national broadcast

Prize giving ceremonies



**THANK YOU AND  
GOOD LUCK!**

